



Building Healthier Communities Through Municipal Action

bit.ly/GoldStarHealth





King County, WA

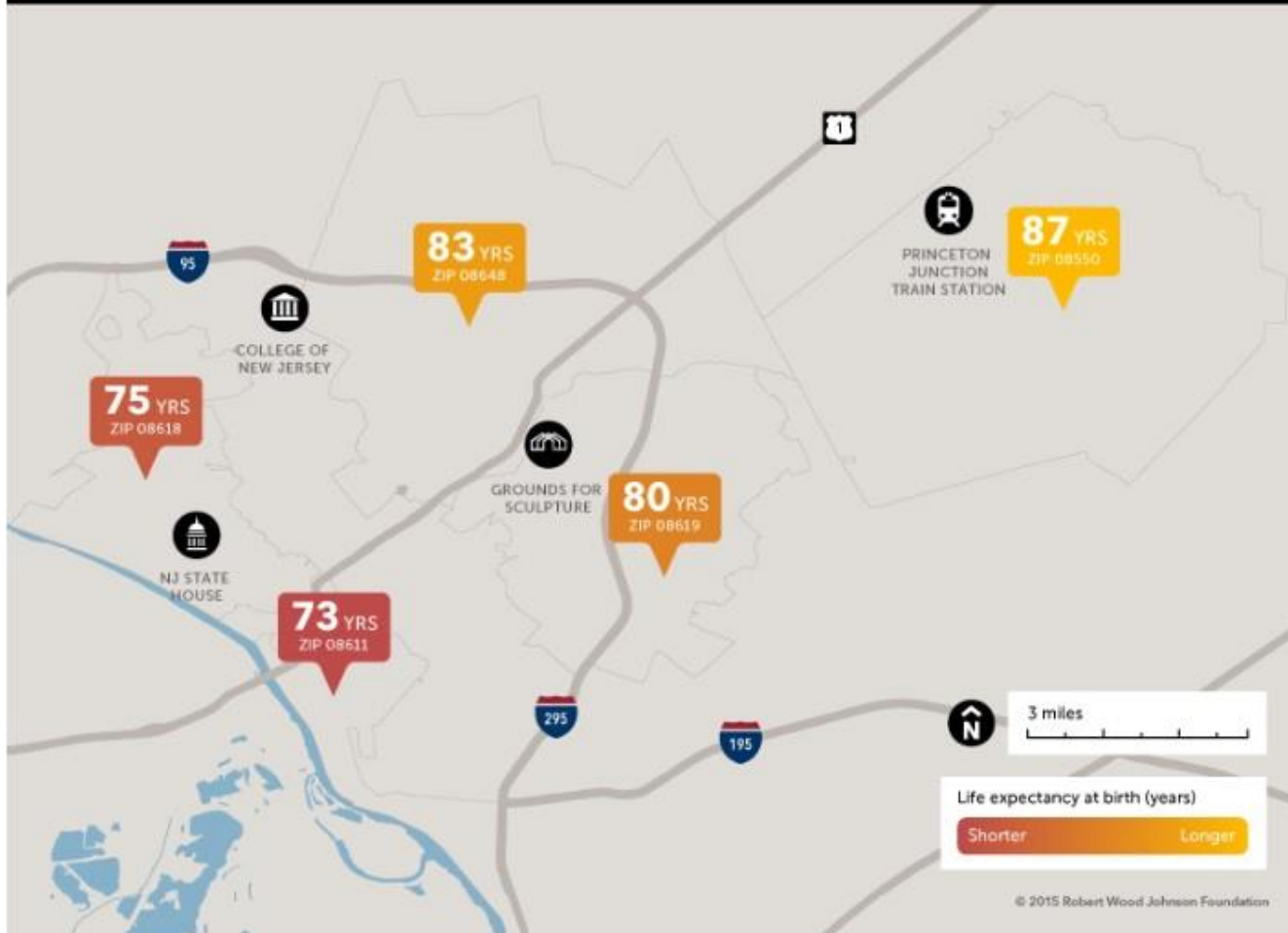


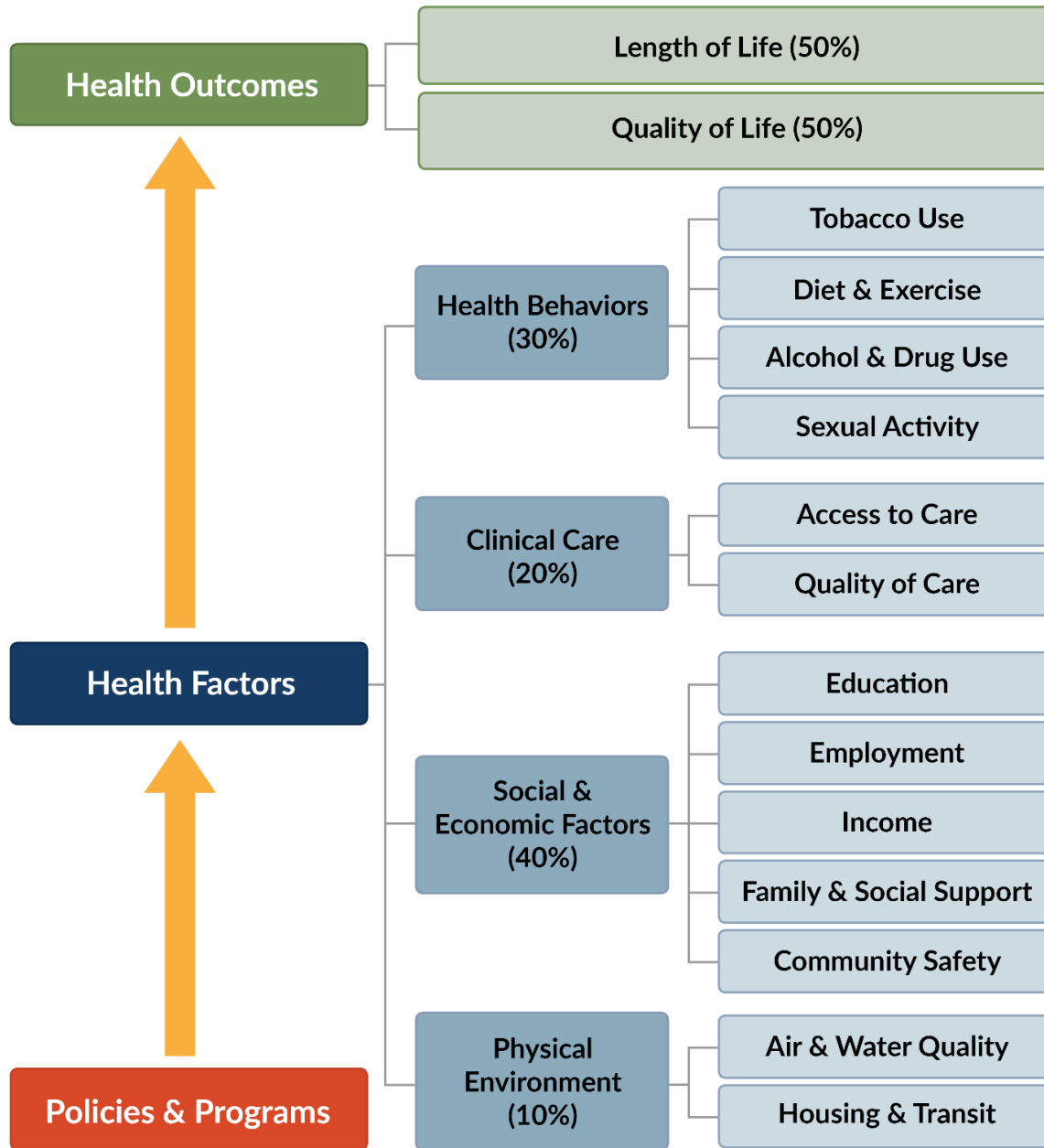
TRENTON, NEW JERSEY

Follow the discussion

Short Distances to Large Gaps in Health

#CloseHealthGaps





County Health Rankings model © 2014 UWPHI



Expand Our Health Catalog

- **Address SEDoH**
 - Tackle the issues impacting public health
 - Influence individual behavior where appropriate
 - Develop programs & policies
- **Build a Culture of Health**
 - Municipal decision making through a health lens
 - Collaboration with community stakeholders
 - Institutionalize procedure
- **Address Issues of Health Equity**



Municipal Determinants of Health

- Understanding the municipal role impacting the determinants of health
- Municipalities have key authority:
 - Planning and zoning, regulating housing, clean water, transportation networks, economic development, access to healthy food, wellness programs, policing and safety, etc.
- The high-impact strategies overlap with sustainability
- Starts with an assessment of local issues

★ Steps to Achieve Gold Star in Health

STEP 1

Assess Community Health Needs & Create Plan

Complete **LOCAL HEALTH ASSESSMENT & ACTION PLAN**

STEP 2

Implement Strategies

TWO REQUIRED ACTIONS:

- 1) Best Practices for Local Boards of Health
- 2) Integrating Health in Municipal Decision-Making



At least **TWO 'HIGH IMPACT' ACTIONS**



At least **TWO ADDITIONAL ACTIONS**

*Non-required actions must be drawn from at least 3 Health Gold categories

*Non-Sustainable Jersey actions may also be submitted as **"Innovative Projects"** for consideration.

★ Steps to Achieve Gold Star in Health

STEP 3

Apply

SUBMIT APPLICATION
for Gold Star in Health

STEP 4

Application
Review

★ **GOLD STAR IN HEALTH AWARDED** after
successful implementation of strategies
addressing the community's health needs

RESUBMISSION

3 Years
Later

Updates to initially submitted actions &
implementation of new actions will be
required to maintain Gold Star

*Requirements still under development

Building Healthier Communities Through Municipal Action

Township of Maplewood, Essex County NJ

Candice Davenport, RN, BSN, MPH, MCHES, HO

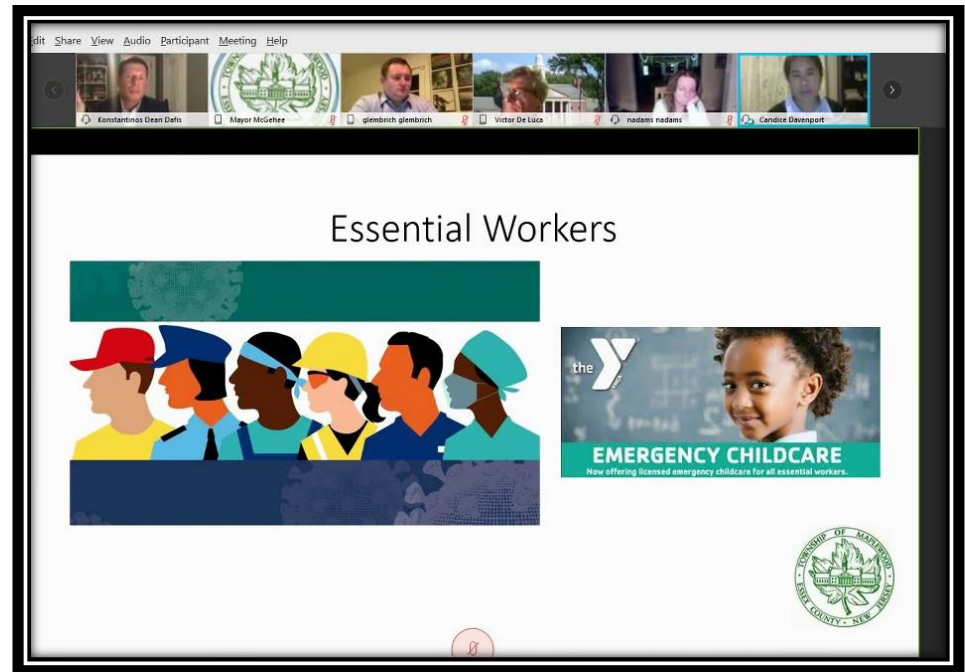
Health Officer, Public Health Nursing Supervisor, Health Educator

November 17, 2021



How Do We Integrate A Health Lens into Municipal Decision Making?

- A. Bi-weekly department head meetings
- B. Monthly BOH presentations
- C. Health in All Policies Resolution
- D. Monthly Code Enforcement meetings
- E. Various Committees
 1. Senior Advisory
 2. Environmental Advisory
 3. Municipal Alliance
 4. Recreation and Human Services
 5. Sustainable Jersey
 6. Adult Use Cannabis
 7. Master Plan Development



A Strong Board of Health

Creates the Vision for Integrating Health

- New Jersey Local Board of Health member
 - Local Board of Health Member Orientation Training
- Monthly BOH presentations

Integrating Health into Municipal Decision Making: Moving to Action



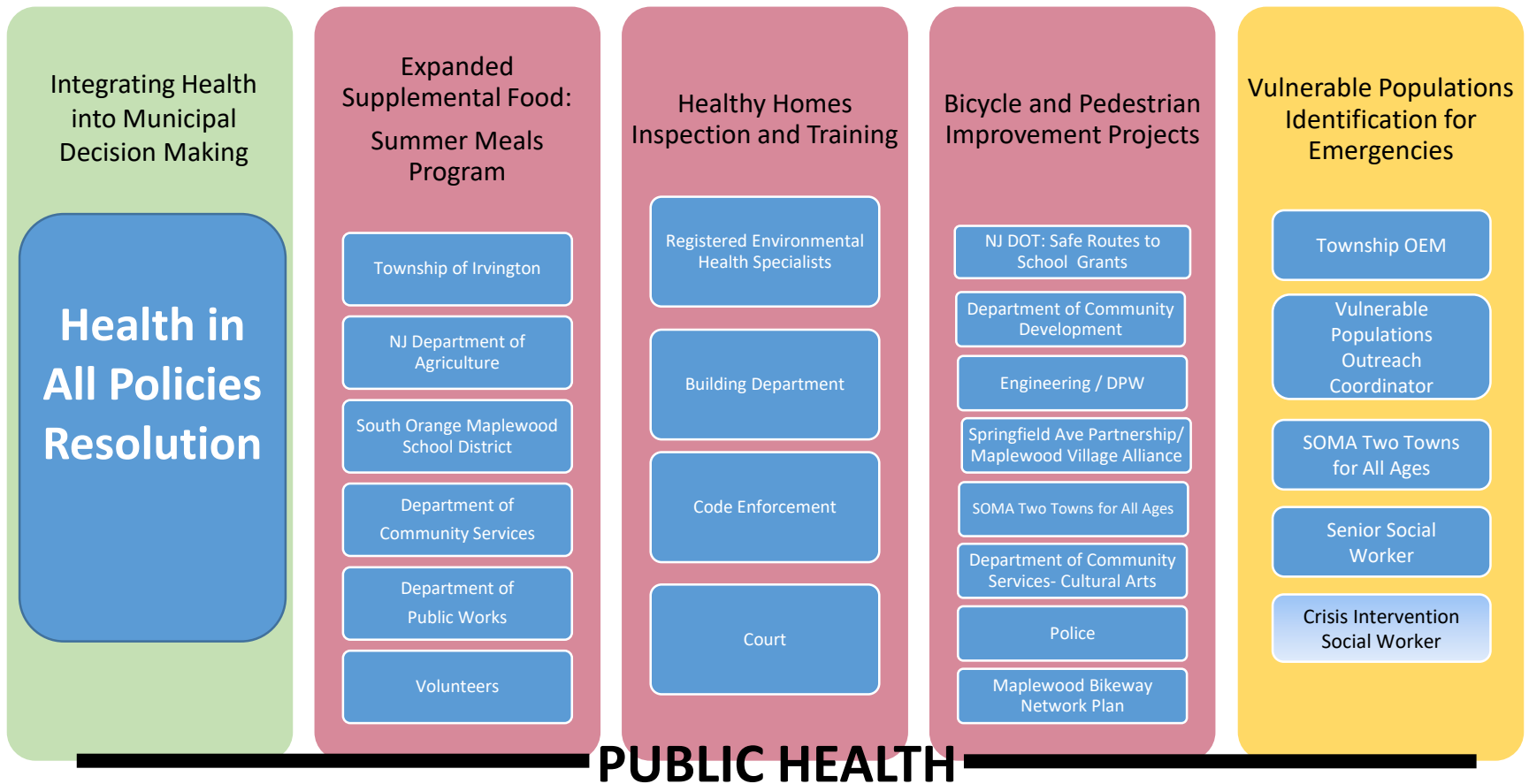
Community health needs assessment

- Community Health Needs Assessment/ Community Health Improvement Plan
- Townships can benefit from applying for the NJDOH Strengthening Local Public Health Capacity Grant / Vulnerable Populations outreach Coordinator (VPOC)
- Grant requires a community needs assessment and goal setting → aligning vulnerable population outreach goals with Sustainable Jersey Health Gold Actions



A Rising Tide Lifts All Ships

Public Health Efforts = Health Gold Actions



What's Next on the Horizon?



Thank you

Candice Davenport

Health Officer/ Public Health Nursing Supervisor/ Health Educator

cdavenport@twp.Maplewood.nj.us

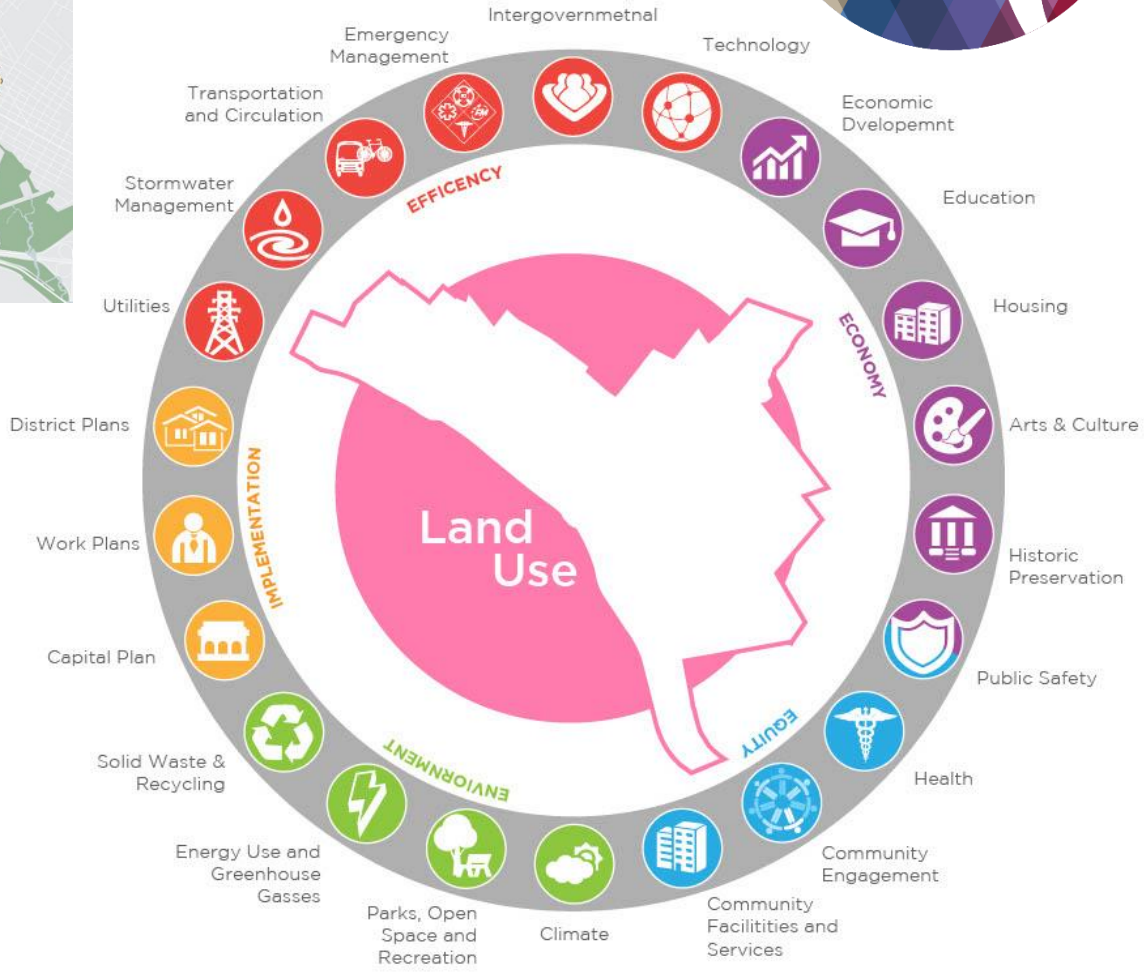
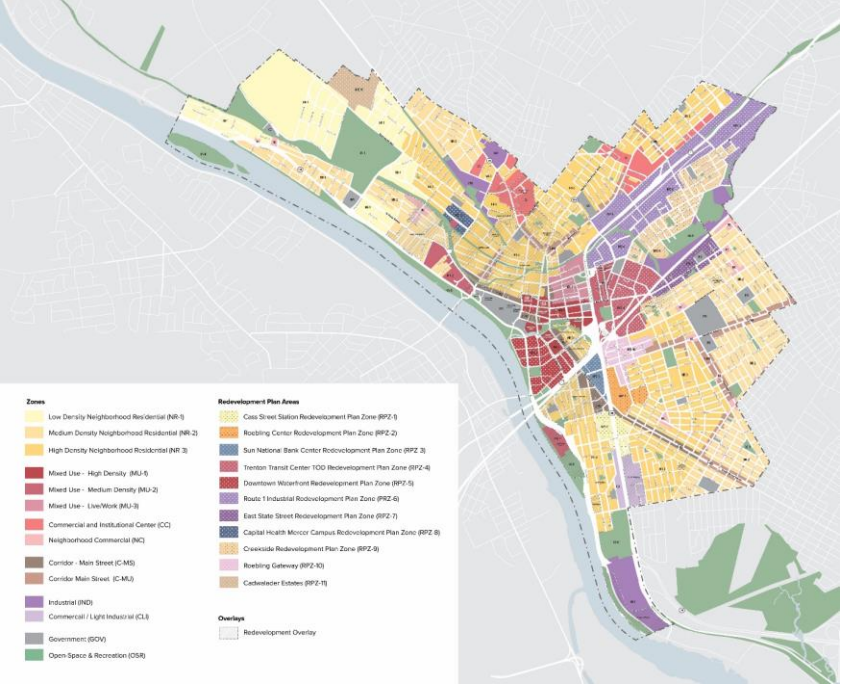
973.762.8120

Reference- HiAP Resolution: https://www.twp.maplewood.nj.us/sites/g/files/vyhlf3396/f/uploads/resolution_69-20.pdf



Community Health and Wellness Plan City of Trenton

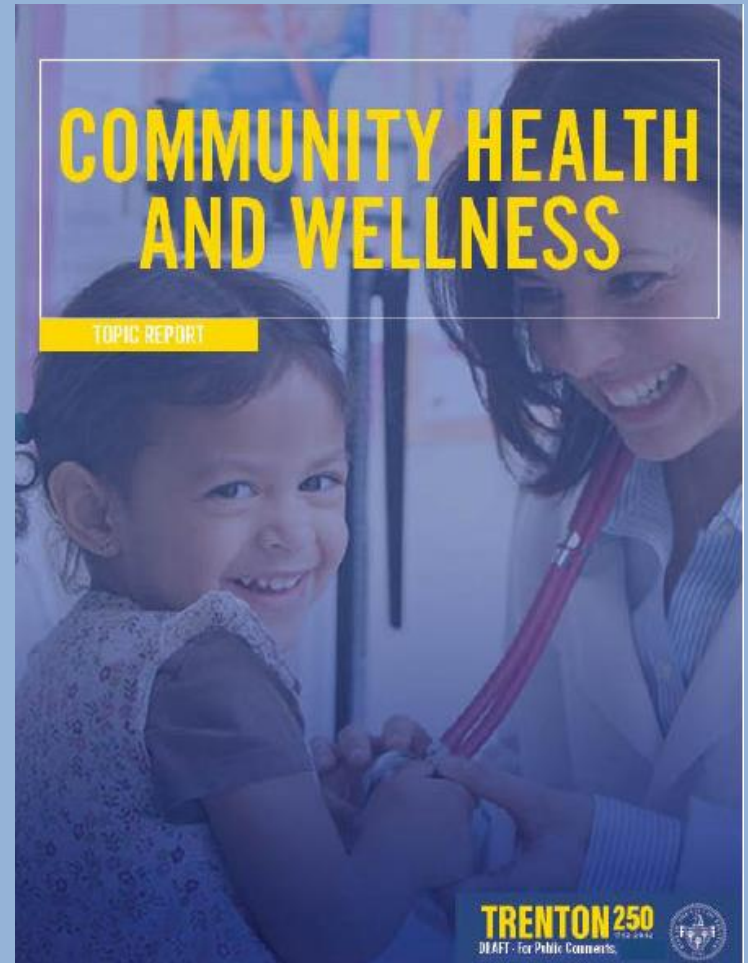
NJ League of Municipalities
November 16, 2021



Community Health and Wellness Plan

Plan History

- American Planning Association Plan4Health Grant – 2015
- Initial Focus on physical activity and nutritious food
- Edward J. Bloustein School of Planning and Public Policy at Rutgers University
- Initial review and outreach by Trenton Health Team 2018-2019
- 2020 update
- Second round of public comments
- Adoption January 28th, 2021



Community Health and Wellness Plan

Trenton Health Team Documents

- Community Health Needs Assessment - 2013
- Community Health Improvement Plan - 2014
- Community Health Needs Assessment Update - 2016
- Community Health Needs and Assets Assessment - 2019



Trenton Community Health Needs and Assets Assessment

June 2019

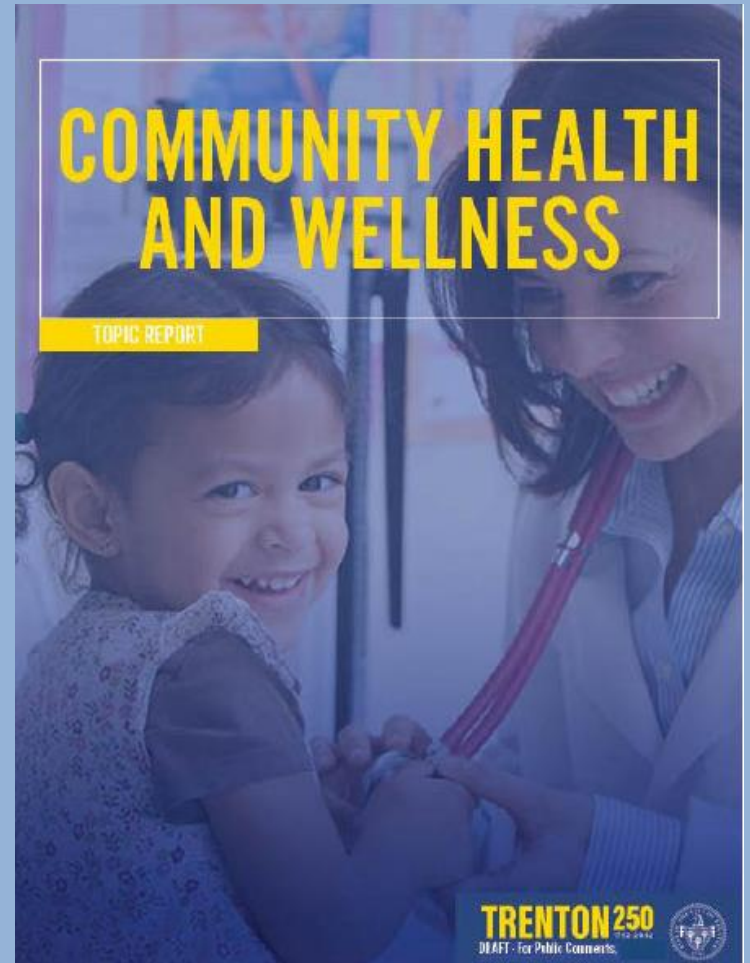
Trenton Health Team, Inc.
One West State Street, Fourth Floor
Trenton, NJ 08608
609-256-4555
www.trentonhealthteam.org
@TrentonHealth



Community Health and Wellness Plan

Plan Structure

- Current health status
- Health vision for Trenton
 - Increase access to health foods and nutrition
 - Increase physical activity among Trenton residents
 - Improve access to healthcare and health literacy
 - Promote health housing conditions



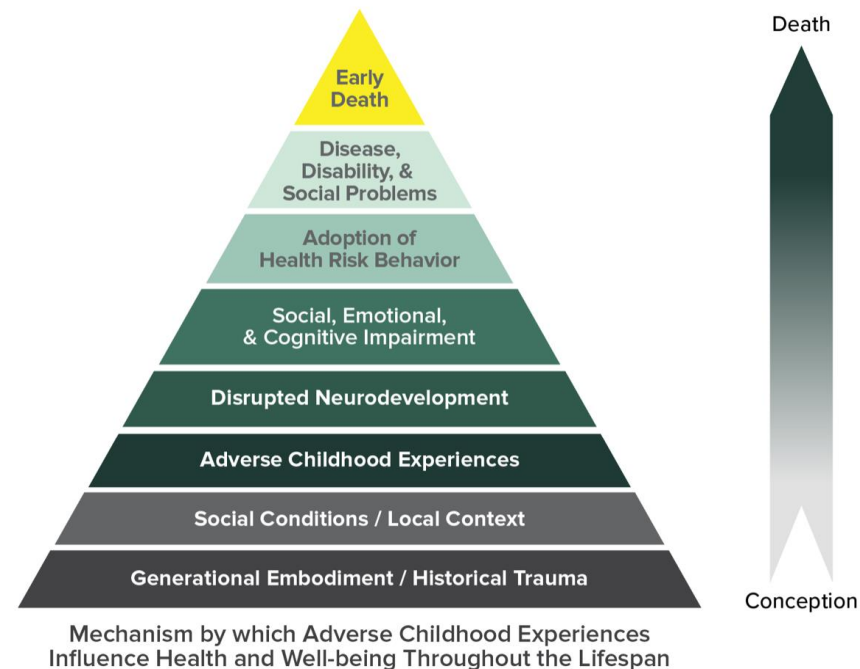
Community Health and Wellness Plan

New Issues Addressed

- Seniors
- Adverse childhood experiences

Significant Expansions

- Maternal and infant health
- HIV/AIDS
- Employee wellness program
- Substance use disorder



Center for Disease Control, 2020

<https://www.cdc.gov/violenceprevention/aces/about.html>



Community Health and Wellness Plan

Health and the Master Plan

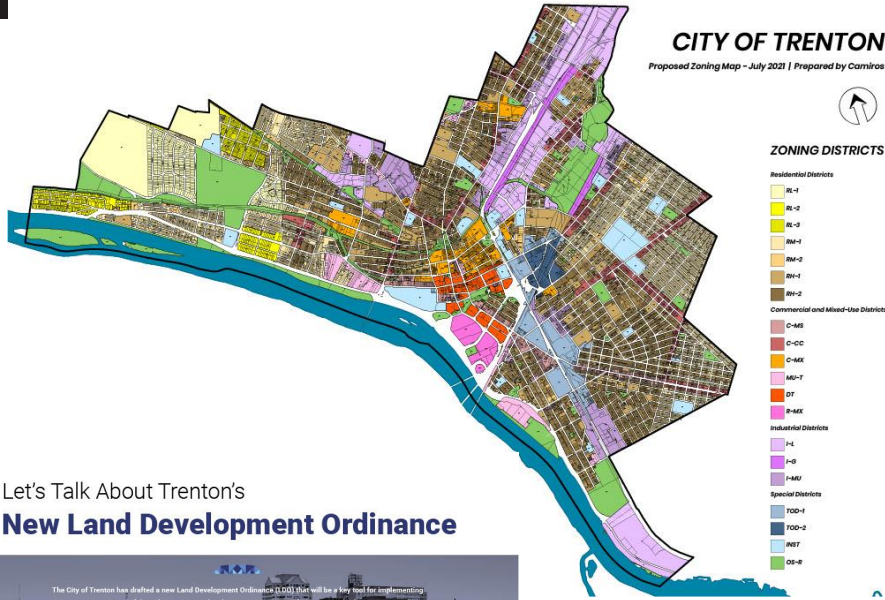
- Implementation – Leads, Partners
- Milestones
- Future issues identified
- Guidance for other Planning
- Guidance for Boards
- Support for grant applications

Future Issues

1. Asthma and other respiratory illnesses
2. Health needs of people with disabilities
3. Dental Care
4. Vision Care
5. Pediatric Immunizations
6. Communicable disease and pandemics



Community Health and Wellness Plan



Let's Talk About Trenton's New Land Development Ordinance



What is a Land Development Ordinance (LDO)? ...and Why are we Updating It?

At its most basic level, the LDO regulates what structures and land can be used for, where a structure can be located, and how big it can be. The LDO also includes some basic design standards for new buildings, and regulates things like parking, signs, accessory structures, and landscaping.

In short, the current LDO is obsolete. It contains obsolete content, inconsistent standards, and insufficient guidance for decision-making. Many regulations don't relate to the way Trenton develops, and the new LDO will help Trenton achieve the goals of the Comprehensive Plan.

What are Some of the Biggest Proposed Changes in the LDO?

A Responsive Zoning District Structure
Districts that reflect, protect, and enhance the places of Trenton.

The LDO's updated district structure better fits the character of the City and works to implement the community vision adopted in Trenton250. The new zoning districts coordinate with the future land use categories established in the plan, and encourage the types of development the City wants to see in the future. An Updated Zoning Map has been created, applying the new districts to land within the City based upon careful consideration of future development, as well as on-the-ground conditions.

A Modern Use Approach
Simplified, streamlined, state-of-the-art. The way that uses are handled has been completely modernized.

- The rules for what can be done in each district are now organized within a single matrix, making it easier to see what is allowed on a piece of property or to see where certain uses can locate within the City.
- Uses match the purpose of the districts, and new emerging uses have been added, and use standards have been included for certain uses to control potential impacts.

Updated Site Element Standards
Trenton, dressed to impress.

Landscaping and signs are important visual and aesthetic elements of the City, and they play a big role in how a city is perceived. Enhanced landscaping requirements and new sign permissions have been comprehensively addressed within the new LDO.

For More Info > To Leave a Comment: [Trenton250LDOupdates.com](https://www.trenton250.com/updates)

A Realistic Approach to Parking
Parking shouldn't "drive" development.

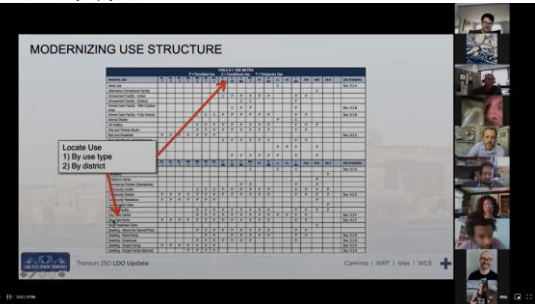
A big change in the new LDO requirements in most instances is maximum regulations that are on-site. For certain types of Management (TDM) plans parking to be provided, details are provided in the LDO.

Required Bicycle Parking
Mode share, everywhere.

The new LDO requires bicycle developments, and address parking areas.

Prioritizing Sustainability
Working to build a healthy, resilient Trenton.

- The regulations encourage more permeable, porous, reducing the need for vehicular trips to fulfill the daily needs of residents.
- Impervious surface (i.e., paved surface) coverage limits are included in the residential districts, helping to mitigate stormwater and heat island impacts.
- Electric vehicle parking spaces are required (if parking is provided).
- Permissions for sustainable accessory structures, such as solar panels and private wind turbines have been included.
- The LDO contains exterior lighting controls (on private property), helping to minimize light pollution in the City.
- New comprehensive landscape and tree preservation requirements help to beautify the City and create valuable green infrastructure.



Health in Zoning Update and Redevelopment Plans

1. Removing barriers to grocery stores
2. Primary care in all zones
3. Locally grown food
 1. Community gardens
 2. Farmers markets
 3. Residential chickens and bees
4. Equitable distribution of parks
5. Bicycle parking

A bronze statue of a man in a military uniform, standing on a stone pedestal, overlooking a cityscape. The statue is positioned on the left side of the frame, with its right arm extended towards the right. The background shows a dense urban area with various buildings under a clear sky.

Thank You

NJ League of Municipalities
November 16, 2021

Building Healthier
Communities Through
Municipal Action



Anthony Talerico, Jr.
Mayor - Borough of Eatontown

Why do I make health a central part of my activities and decisions in government?

Well - in my real life, I am a Registered Nurse.



What is Eatontown Doing??

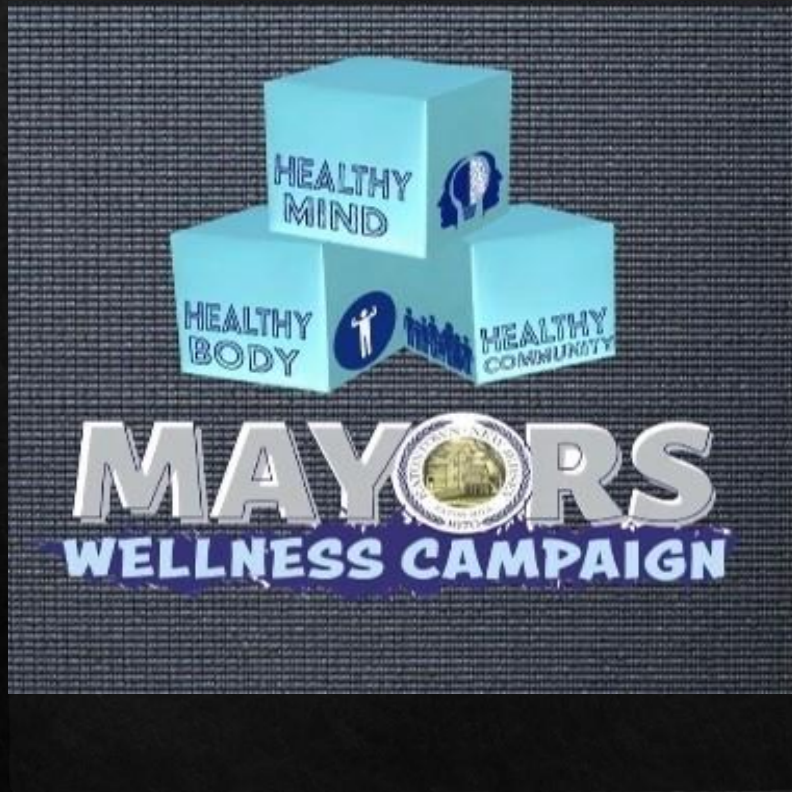
Mayors Wellness Campaign

- ◆ Healthy Mind
- ◆ Healthy Body
- ◆ Healthy Community

Complete Streets Initiatives

- ◆ Complete & Green Streets For All Model Ordinance
- ◆ Advice from Experts
- ◆ Connectivity and 10 Minute Walk Initiative

Mayors Wellness Campaign



Earn 105 Points!

Healthy Mind

Mental Health

Covid Experience

Bullying & Shaming

Traditionally “unspoken”
Issues

Healthy Body

Sports Clinics

Town Walks

Bicycling

Alone - Teams - With Family

Healthy Community

Come to Community Day

Participate in a Town Hall
Meeting

Register to Vote

Join a Borough Committee



SUN, OCT 17

Nature Walk

80 Acres Park · Eatontown



Going



Maybe



Can't Go



More



Event by **Kimberly Lofgren and Eatontown Mayor's Wellness Campaign**



80 Acres Park
Industrial Way E, Eatontown, NJ 07724



Group · Members of Eatontown Mayor's Wellness Campaign



Anthony Talerico Jr.

Oct 9 · 📷



We had a nice time at this morning's nature walk in the arboretum. Participants earned 10 points: 5 for Healthy Bodies and 5 for Healthy Minds. What programs would you like to see? We have tons of ideas, but we'd love to hear yours!





Come and join us at this year's

HALLOWEEN CELEBRATION

Games, prizes, and spooky surprises await!

FRIDAY | OCTOBER 22 | 6:00-8:00PM
MEADOWBROOK ELEMENTARY SCHOOL

Earn points by taking a photo of you having fun at the event
in your costume!



No matter your party affiliation.
No matter your beliefs.

VOTE. Every voice matters.

Exercise your
right to **vote.**

Complete Streets Initiatives



Eatontown's Model Ordinance



Greenway Plan

Borough of Eatontown, Monmouth County, NJ
2019

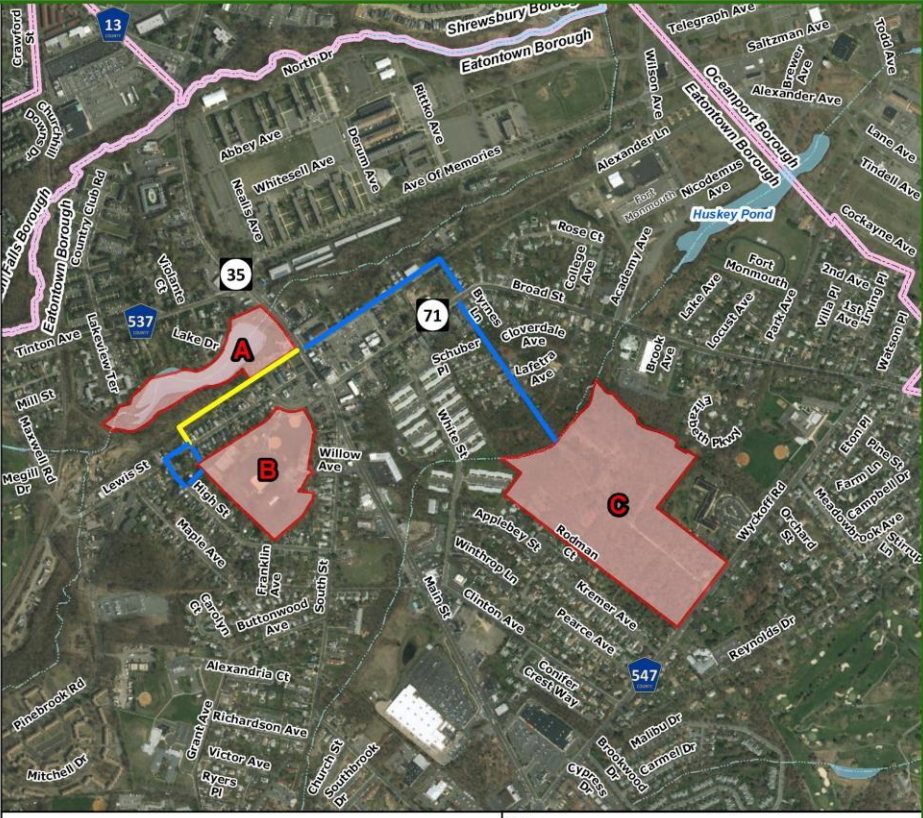


Ask the Experts!

- Legend**
- Municipal Boundary
 - Water bodies (NJDEP)
 - Streams (NJDEP)
 - Bikeway Phase I
 - Bikeway Future Phases
 - Areas of Interest
- A. - Wampus Lake Park**
- B. - Wolcott Park**
- C. - Bliss Price Arboretum**

2019 Bikeway Application

0 250 500 1,000
Feet
1 inch = 1,000 feet



2015 AERIAL

ARH Proposal # 2019.0595

Note:
This map was developed using New Jersey Department of Environmental Protection Geographic Information System digital data, but this secondary product has not been verified by NJDEP and is not state-authorized.
Thursday, July 18, 2019 4:08:00 PM
W:\Proposals\ARH\20190595\Map\Bikeway_Map\Eatontown_Bikeway_LocalParkConnections.mxd

How can we make our town more connected?





10-MINUTE WALK

Make the 100% Promise to ensure that everyone in your city has safe, easy access to a quality park within a 10-minute walk of home by 2050.



Anthony Talerico

EATONTOWN, NEW JERSEY



All

Northeast

Midwest



South



West



Pacific

Eatontown Recreation
47 Broad Street
Eatontown NJ 07724
Eatontownnj.com
732-389-7607

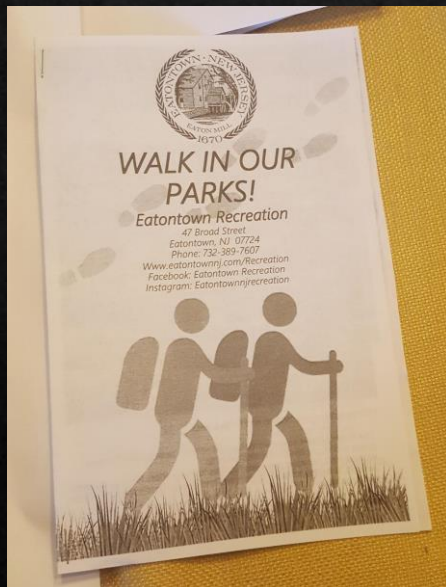
EATONTOWN PARK WALKERS



Take a walk in our Eatontown Parks for some Eco-Therapy. Spend time outdoors observing the sounds and sights of nature in our community parks. Great time of year to begin exploring our parks while increasing your personal fitness level. Our parks are open dawn to dusk daily.

F. Bliss Price Arboretum & Wildlife Sanctuary- Wyckoff Road
Husky Brook Park – Grant Avenue & Route 36
80 Acres Park- Wall St. & Industrial Way East
Wampum Memorial Park – Route 35 & West Street
Wolcott Park – South Street & Willow Street

The Covid Effect on Park Usage

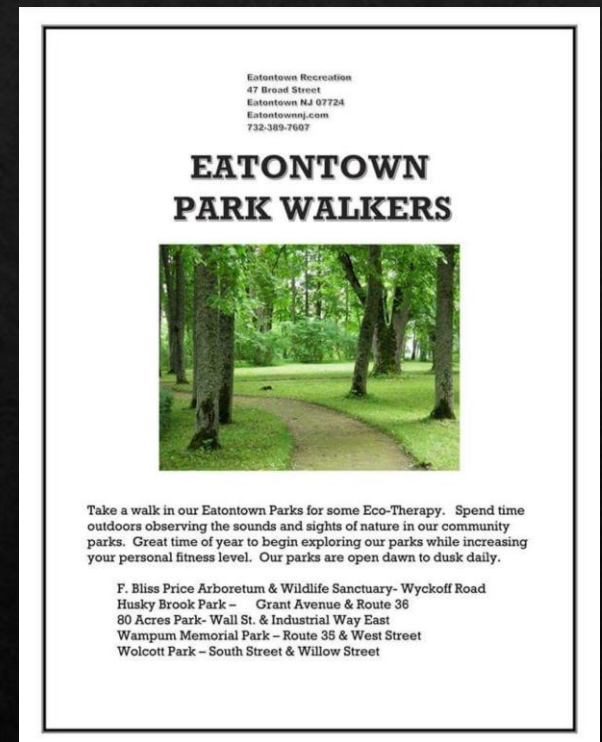


Encouraged use of our parks.

Rotated activities in all parks.

“Talk up” the parks and the connections to them to a captive audience.

Encouraged Borough funding of Complete Street Initiatives.





Q&A

SustainableJersey.com



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Program Underwriters



Grants Program



Corporate Sponsors

PLATINUM



GOLD



SILVER

