

"Healthy, Green and Complete Streets for All"

2017 New Jersey League of Municipalities Conference Thursday, November 16, 2017

Mayor Gayle Brill Mittler, Moderator

"Healthy, Green and Complete Streets for All"

Colin Driver, Director of Economic Development Borough of Somerville

Ronda Urkowitz, PP, AICP, Program Director Cross County Connection

Leigh Ann Von Hagen, Senior Research Manager Alan M. Voorhees Transportation Center at Rutgers

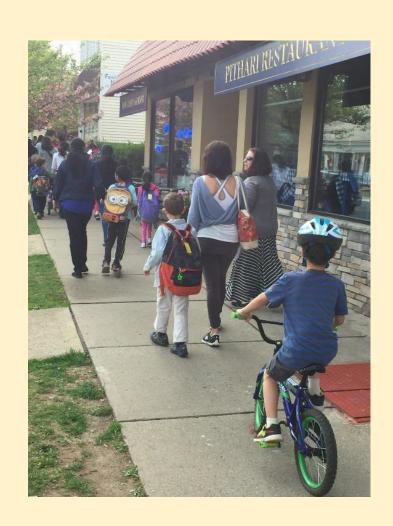
Elise Bremer-Nei, Bicycle and Pedestrian Program Coordinator New Jersey Department of Transportation

Kandyce Perry, Planning and Policy Associate New Jersey Future





- Middlesex County, next to Rutgers University
- 1.9 square miles
- Diverse (30 languages spoken)
- Over 14,000 residents
- 4 Public Schools
- Walking town –Rt. 27 is Main St.
- NJ's First Green Community



HIGHLAND PARK NJ NEW JERSEY'S FIRST GREEN COMMUNITY



Our Successes:

- Primary, Elementary Schools AND Borough Gold NJ SRTS Recognition Program Recipients
- All public schools Bronze certified with Sustainable Jersey for Schools
- Borough Silver certified with Sustainable Jersey
- 2015 Complete Streets Excellence Award













HIGHLAND PARK NJ NEW JERSEY'S FIRST GREEN COMMUNITY



More Successes:

- 2013 Complete Streets Policy
- Completed all active transportation actions for Sustainable Jersey & Sustainable Jersey for Schools
- First bikeability audit
- Borough & School District awarded 2014 & 2016 DOT SRTS infrastructure grants
- Partner with Rutgers Bike Share
- Active Safe Walking and Cycling Committee (SWACC)





HIGHLAND PARK NJ NEW JERSEY'S FIRST GREEN COMMUNITY



Our Complete Streets:

Major renovations to Rt. 27:

- Street trees
- Rain gardens
- Corner living rooms (at intersections)
- Benches
- Plantings
- Lighting
- Sharrows





Sharrow

Somerville

Complete Streets

2017







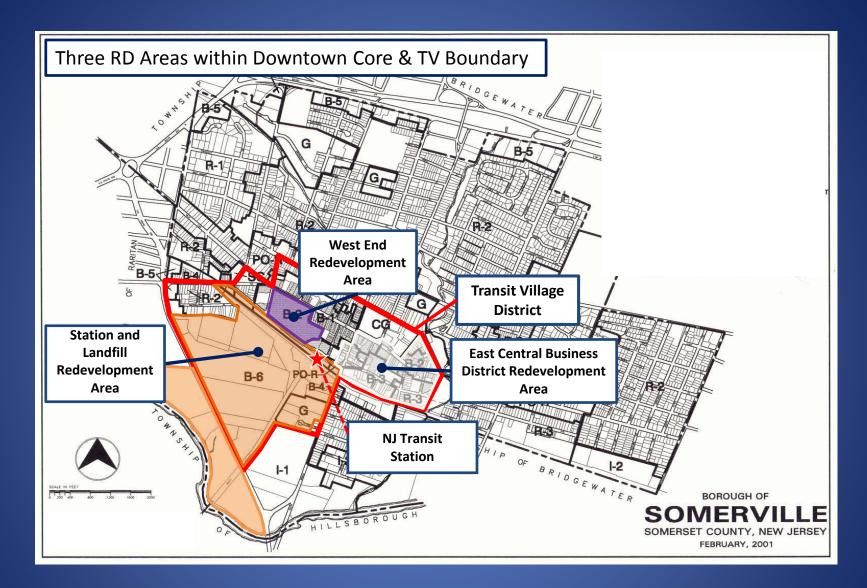
The Borough of Somerville

- County Seat of Somerset County
- 2.2 square miles in area
- Population 12,400 +/-
- 3 public schools
- 2 parochial schools

More Urban than Suburban

- Aggressive redevelopment 3 redevelopments areas on Main Street
- Very busy Main Street
- Main Street (Downtown) is a destination
- Main Street is State Route 28
- Borough is on the NJT Raritan Valley Line Station one block from Main
- Borough Downtown core Area is a designated Transit Village







Borough Concerns

- Pedestrian Safety & Mobility
- Access to and from Downtown Core
- Access to new areas
- Vehicle Speed
- Parking
- Transit Access
- Bicycle Safety
- Traffic Flow in and around Core



Transit



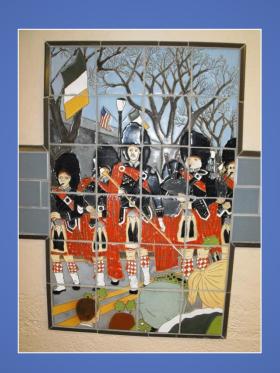
Transit

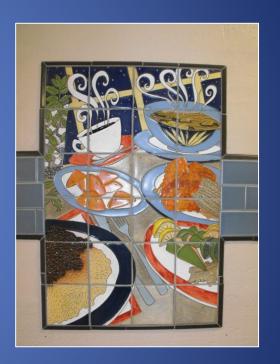




Transit









Making It All Work

- Planning
- Zoning
- Development
- Master Plan
- Redevelopment Plans
- Redevelopment Agreements
- Partnerships
- Cooperation
- Implementation
- Context



Complete Streets

- The Borough Formed a Complete Streets Committee as part of the Sustainable Jersey "Green Team" program
- Follow the Sustainable Communities check list
- Formalized the Practices and policies in place
- Gives greater confidence when applying for grants that they will be reviewed favorably



Veterans Memorial Drive





Veterans Memorial Drive









Veterans Memorial Drive









Division Street

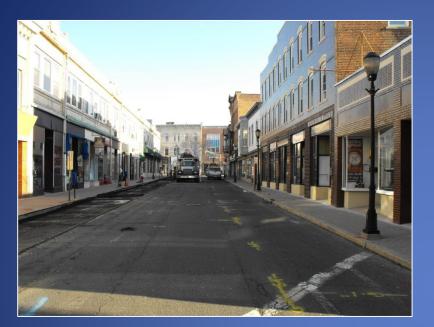


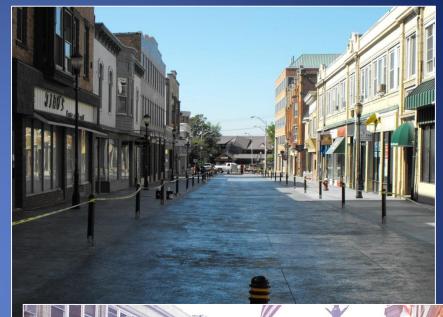
Division Street - 2009





Division Street - Today







Division Street - Today







Division Street





Main Street





Main Street





Main Street – Street Fair





Main Street – Friday Night Cruzers





Main Street – Jazz Fest





The Old



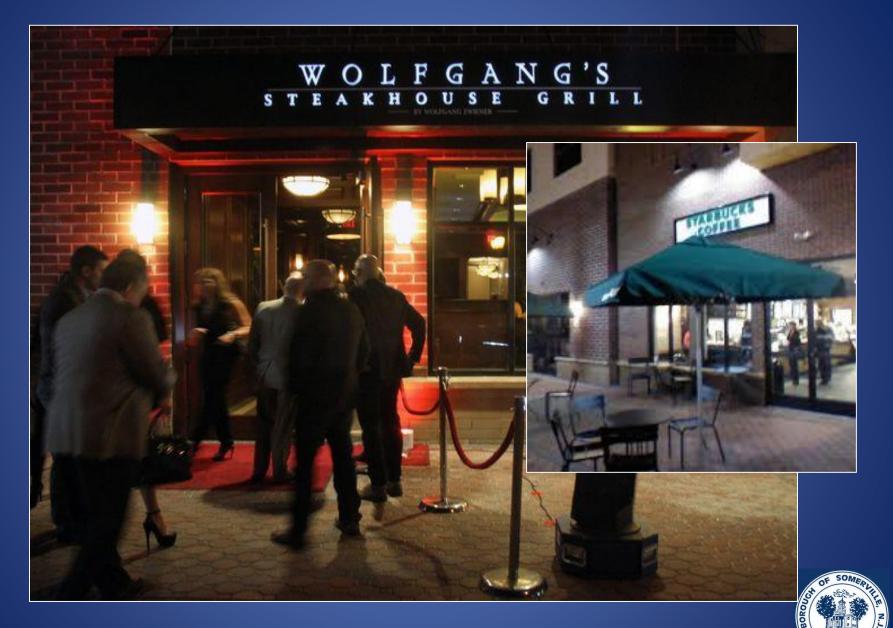


The New

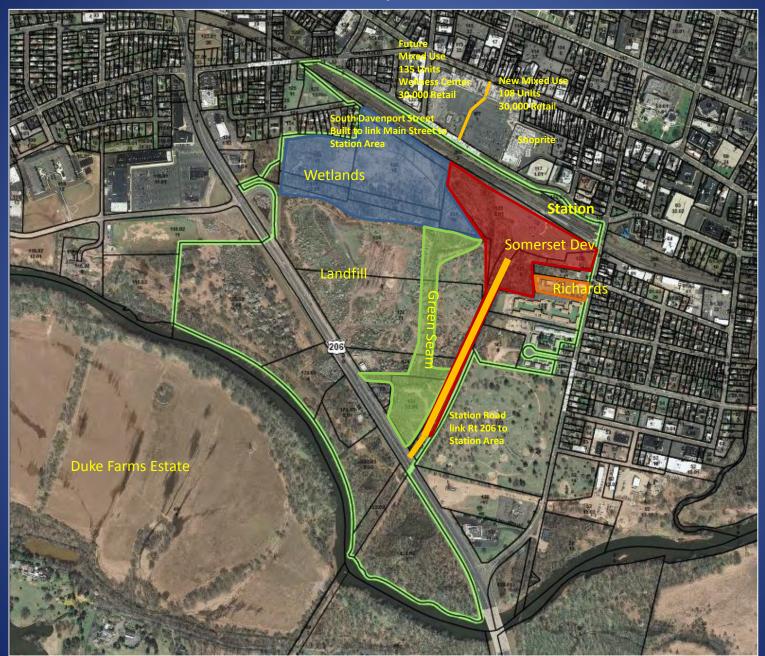




Destinations



Landfill Redevelopment Area Elements





Future Circulation Plan



Around Town



Bikes and More Bikes









Somerville It's A Sustainable Place

























Complete Streets:

How to Adopt & Implement a Great Policy

New Jersey State League of Municipalities Conference

November 16, 2017

Ronda R. Urkowitz, P.P., AICP
Program Director
Cross County Connection TMA

















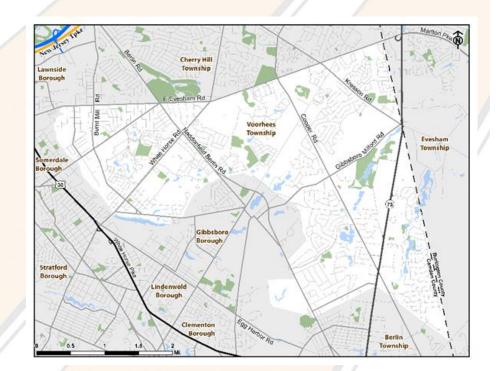






VOORHEES TOWNSHIP

- Suburban community in Camden County
- ♠ Population: 33,000
- ♠ 12 sq. mi.
- Sustainable Jersey Certified Silver
- 5 25 points Complete Streets
 - 5 10 points policy
 - 10 points institutionalize
 - 5 points implementation project























Why Do It?

- Safety Issues
- Healthy Communities
- Inclusiveness
- Sustainable Jersey Certification
- Avoid expensive retrofits
- Economic development
- Emissions reductions
- Mitigate school bus costs
- Grant applications
- **Solution** It's the right thing to do

MOTIVATORS TO ENGAGE DECISION MAKERS





























FORM COMPLETE STREETS TECHNICAL ADVISORY COMMITTEE

Don't Go It Alone

- Township Administrator / Manager
- Elected official
- Police Dept.
- **Engineering & Planning Depts.**
- Public Works Dept.
- **Engineering & planning** consultants
- Others (health/recreation)



Professional staff member should be lead

- Liaison with governing body
- Coordinate with all departments



www.driveless.com 856-596-8228





















STEPS TOWARD POLICY ADOPTION & IMPLEMENTATION

Review Planning/Technical Documents

- Ordinances
- Master Plan
- Environmental plans
- 🔥 Open Space plans
- Engineering studies
- Others

As documents are updated, modify to comply with Complete Streets language, even if policy has not yet been adopted



























HEALTH LANGUAGE REQUIREMENT

Health Related Actions Already in Place

- Smoke free/tobacco free policy all public buildings & outdoor space
- Community parks pesticide free
- Schools participate in SRTS program
- Municipal vehicles refrain from idling
- Existing bike/walking paths
- Recreational facilities
- **Others**































DEVELOP INTERNAL REVIEW PROCEDURES

Adopt a Project Review Checklist

- NJDOT checklist good model to start with. Customize to meet needs.
- Project manager completes
- Technical Advisory Committee members review
- Establish review timeline

Items to be Addressed	Checklist Consideration	YES	NO	N/A	Required Description
Existing Bicycle,	Are there accommodations for bicyclists,				
Pedestrian and	pedestrians (including ADA compliance)		ш	ш	
Transit	and transit users included on or crossing	=			
Accommodations	the current facility?	=			
	Examples include (but are not limited to):				
	Sidewalks, public seating, bike racks, and				
	transit shelters				

























HAVE THE ANSWERS

Anticipate questions/stumbling blocks

- Mow will review process work?
- What are the review guidelines requirements?
- Who responsible for review?
- Mhat is review timeline?
- Will review process delay approvals?

























HOLISTIC APPROACH to TRANSPORTATION NETWORK

Voorhees has 5-Year Road Plan

Engineer has ranked every road in terms of:

- Walkability
- Bikeability
- ADA Compliance
- Signage

Coordinate with County

Mhen County road improvements planned, consider sidewalks, bike lanes, signage, transit...

Avoid Expensive Retrofits























EASY IMPLEMENTATION PROJECTS

Resurfacing Project: Laurel Oak Rd

- Connects county road with neighborhood
- Passes high school where existing off road bike path starts
- Safety concerns—wide road, blind curve, student drivers, bicyclists

Results

- 6 Bike Lanes
- Crosswalks
- Signage
- Speed Bumps

Outcomes

- Reduced speeds
- Dedicated travel lane for bicyclists
- Better visibility of pedestrians and bicyclists
- Improved motorist awareness





Avoid Expensive Retrofits



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LEVERAGE COMPETITIVE FUNDING

FORM PARTNERSHIPS

- Municipal & County partnerships
- Partner with neighboring municipalities
- Develop relationships between local government & community groups (ex: Green Teams, bike advocates, environmental groups ...)
- Shift improvement costs to developers

























LOCAL RESOURCES

No Need to Reinvent the Wheel!

- TMAs (a TMA covers every county)
 TMACouncil.org
- 🟂 Sustainable Jersey

SustainableJersey.com

- NJ Bicycle and Pedestrian Resource Center NJBikePed.org
- Planning & Engineering professionals
- Review complete streets policies of similar towns































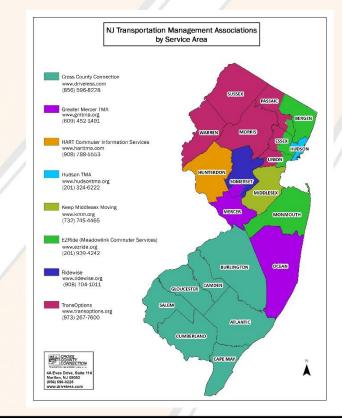


Transportation Management Associations

TMA Technical Assistance:

- Bike/ped planning
- **Transit assistance**
- Shuttle services
- **SRTS** assistance
- Sustainable Jersey assistance
- **Grant writing assistance**
- Liaison with state, local, county & regional entities
- **Facilitate dialogue**

TMACouncil.org





























ADVICE FROM THOSE WITH POLICIES

DON'T BE AFRAID TO DO IT!

Chances are your town is already practicing some complete streets practices. You just need to formalize existing actions.























Thank you!

Ronda R. Urkowitz, P.P., AICP

Program Director

Cross County Connection TMA

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856-596-8228 Urkowitz@driveless.com



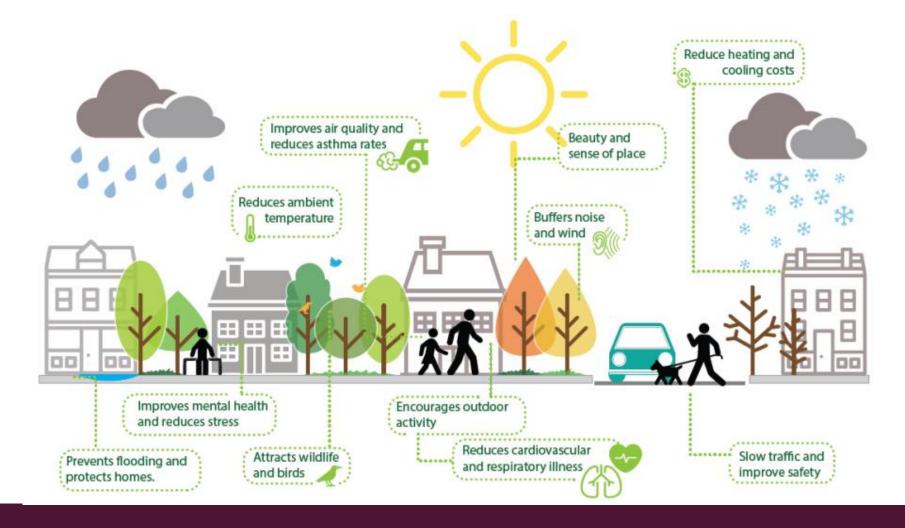












COMPLETE STREETS: SAFE, HEALTHY AND GREEN STREETS FOR ALL











What are Complete Streets?

* Complete Streets are streets for everyone, no matter who they are or how they travel.

Complete Streets Policies

Ensure that the entire right-of-way is planned, designed, constructed, operated, and maintained to provide safe access for all users.











Sustainable Jersey & Complete Streets

- Municipalities applying for certification or recertification in 2017 and beyond will must apply under the **new actions** for points related to Complete Streets.
- ❖ Adopt Complete Streets 10 points
 - New Health Language
- Institute Complete Streets 10 points
 - Implementation project –5 point bonus



















SUSTAINABLE JERSEY ACTION

Adopt a Complete Streets Policy - 10 points



Adopt a Complete Streets Policy – Requirements

- The governing body must adopt a complete streets policy by resolution or ordinance.
- ❖ The resolution must reflect <u>all</u> of the items listed below to earn 10 points:
 - 1. State an intent to plan, design, build & maintain all roads to meet the needs of all users.
 - 2. Specify that "all users" include pedestrians, bicyclists, transit & motorists of all ages & abilities.
 - 3. Commit to create a comprehensive, integrated, connected multi-modal transportation network within the community.
 - 4. Recognize the need for flexibility in that all streets are different; user needs must be balanced & fit into the context of the community.
 - 5. Apply to both new & retrofitted projects.









Adopt a Complete Streets Policy – Resolution Requirements (continued)

- 6. Include the following **8 statements** which acknowledge the potential benefits of complete streets: "Whereas, complete streets have the potential for improving physical & mental health either directly or indirectly in the following ways:
 - 1) Incorporating physical activity into our daily lives by increasing pedestrian activity & bicycle use
 - 2) Reducing rates of several chronic diseases related to increases in physical activity from walking & bicycling. Key impacted diseases include diabetes, heart disease, depression, & cancer
 - 3) Reducing rates of injury & death from decreased traffic crashes & improved safety for all users
 - 4) Reducing rates of asthma & other respiratory issues due to improved air quality through emissions reductions & vegetative air filtration









Adopt a Complete Streets Policy – Resolution Requirements (continued)

- 6. Include the following language which acknowledge the potential benefits of complete streets (cont.):
 - Multiplying health & wellness benefits resulting from improved access to necessary amenities for vulnerable populations
 - 6) Reducing risk of illnesses related to water-borne pathogens from improved storm water infiltration
 - 7) Increasing the sense of social connectivity & sense of community belonging
 - 8) Improving aesthetics through decorative & functional vegetation
- 7. The implementation section of the policy must articulate the intent of the community to consider public health during planning & design program phases.









Quick tips - Adopt a Complete Streets Policy

- Submit documentation that your policy was distributed to all municipal departments.
- Must include health language.
- Create a Complete Streets workgroup that includes public health professional(s).
- If the policy is more than 3 years old, be sure to update and re-adopt with new language using the Sustainable Jersey action.
- * Sample policies can be found on the NJ Bicycle and Pedestrian Resource Center website (njbikeped.org), however **not all policies listed meet SJ requirements**.









Quick tips - Maintenance

- Points will not be awarded if maintenance is excluded
 - Snow/Leaf Removal
 - Resurfacing
 - Accommodations during construction
- *** NEW MODEL POLICY**











New Providence, NJ







SUSTAINABLE JERSEY ACTION

Institute Complete Streets - 10 Points



Institute Complete Streets Action

- * New in 2016
- Adopt a Complete Streets action is a pre-requisite.

***but can be submitted at the same time.



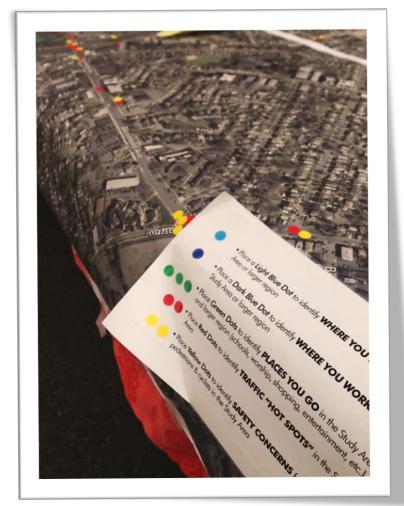






Institute Complete Streets - Requirements

- 1. Build Your Complete Streets Team
 - Include public health professional(s)
- 2. Establish Internal Review Procedures
 - Adopt <u>checklists</u> to be used to ensure projects adhere to the Complete Streets policy





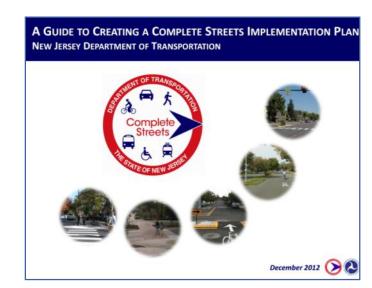






Institute Complete Streets - Requirements (continued)

- 3. Attend training
 - Training should be provided to elected officials, municipal employees, including engineers, public works employees, public health professionals, & planning & zoning officials
 - Possible activities include webinars, conferences, & workshops (internal or by outside experts)
- 4. Inventory & review of planning & design documents
 - Conduct an audit of guidance documents to ensure consistency with the Complete Streets policy













Institute Complete Streets – Additional Points

Implement a Complete Streets Project – optional for an additional 5 points

- * A narrative description along with pictures of the project explaining how it advances the Complete Streets policy.
- * Eligible projects must have been completed within 3 years prior to the submission of the action.











Quick tips - Institute Complete Streets

- Municipal staff and/or consultants must be involved in the planning and implementation of the Complete Streets policy.
- Provide at least the minimum requirements for the checklists. NJDOT checklists meet requirements.







Tutorials





SUSTAINABLE JERSEY ACTIONS MAKING COMMUNITIES WALKABLE AND BIKEABLE

Action Tutorials are now available online!

Tutorials providing guidance on how to achieve points by implementing actions under the Sustainable Jersey program to make communities more walkable and bikeable are now available online.

Implementing some of these actions also meets requirements toward certification in the NJ Safe Routes to School Recognition Program.

For more information, please visit: saferoutesni.org/SustainableJerseyActions











ADOPT A COMPLETE STREETS POLICY

INSTITUTE COMPLETE STREETS

BICYCLE AND PEDESTRIAN PLAN AND AUDIT

> SAFE ROUTES TO SCHOOL

ANTI-IDLING ENFORCEMENT PLAN



NEW JERSEY



SUSTAINABLE JERSEY FOR SCHOOLS ACTIONS

ENCOURAGING SCHOOLS TO GO GREEN & CONSERVE RESOURCES

Action Tutorials are now available online!

Schools that want to go green and conserve resources can achieve points under the Sustainable Jersey for Schools program by encouraging students to walk and bike instead of driving. Tutorials on these actions are available online to provide guidance on how to implement the actions.

Implementing some of these actions also meets requirements toward certification in the NJ Safe Routes to School Recognition Program.

For more information, please visit: saferoutesni.org/SustainableJerseyActions









SAFE ROUTES TO SCHOOL DISTRICT POLICY

PEDESTRIAN AND **BICYCLE SAFETY** AND PROMOTION

SCHOOL TRAVEL PLAN FOR WALKING AND

EDUCATION AND ENFORCEMENT

Safe Routes to School www.saferoutesnj.org

srts@ejb.rutgers.edu 848-932-7901

Saferoutesnj.org/SustainableJerseyActions



Funding Opportunities

NJ Department of Transportation Grants for Active Transportation: saferoutesnj.org/funding

Federal Funding:

- 1. Safe Routes to School grants:
 - Infrastructure improvements within 2 miles of K-8 school(s)
 - Examples include sidewalks, bike facilities, traffic calming, etc.
- 2. Transportation Alternatives Program (TAP):
 - Community-based, local level, non-traditional surface transportation projects
 - Examples include design/construction of on and off road pedestrian and bike trails, conversion of abandoned RR for trails for bikes pedestrians, streetscaping etc.









Funding Opportunities

NJDOT Grants for Active Transportation: saferoutesnj.org/funding

State Funding:

- 1. Municipal Aid latest NJDOT press release stated additional points given to municipalities with Complete Streets
- 2. Transit Village
- 3. Bikeways
- 4. Safe Streets to Transit

Other NJDOT Programs:

Bike/Pedestrian Planning Assistance – on-call consultants can assist with projects including bike and pedestrian circulation studies, pedestrian safety assessments, bikeway plans, etc.









Funding Opportunities

Sustainable Jersey: SustainableJersey.com/grants-resources

- Small grants program for municipalities and schools
- Capacity building and large grants available
- Funds can be used to complete active transportation actions
- Tips for applying:
 - -"Sell the project" What is the problem? Goal? How does it fit in the big picture?
 - Implementation Be thorough
 - Include representatives from major stakeholders
 - Quality vs Quantity







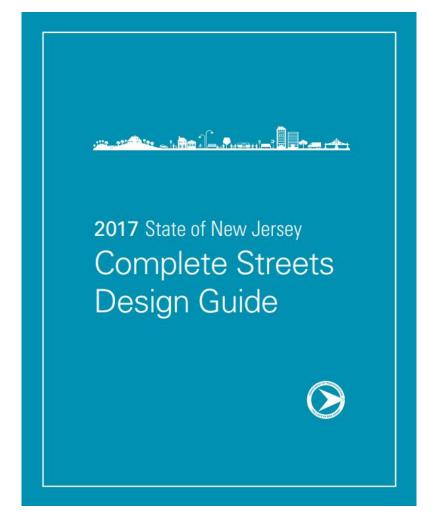


Implementation

NJDOT Resources

- 1. New Jersey Complete Streets Design Guide
- 2. Making Complete Streets A Reality: A Guide to Policy Development
- 3. A Guide to Creating a Complete Streets Implementation Plan

http://www.state.nj.us/transportation/eng/completestreets/resources.shtm













saferoutesnj.org njbikeped.org

NJ Department of Transportation

Office of Bicycle and Pedestrian Programs

Elise Bremer-Nei, AICP, PP

Bicycle and Pedestrian Coordinator elise.bremer-nei@dot.nj.gov 609-530-2765

NJ Safe Routes to School Resource Center

Rutgers University – Voorhees Transportation Center Sustainable Jersey & Sustainable Jersey for Schools Help Desk

Leigh Ann Von Hagen, AICP, PP lavh@ejb.rutgers.edu 848-932-2854

Trish Sanchez <u>trish.Sanchez@ejb.Rutgers.edu</u> 848-932-2376









GREEN and Complete Streets:

The Power of Green Stormwater Infrastructure in Street Design

New Jersey League of Municipalities Conference

Thursday, November 16, 2017



















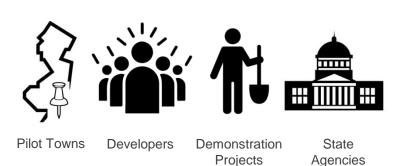
New Jersey Future's Focus on Water

JERSEY WATER WORKS

A collaborative effort working to transform New Jersey's inadequate water infrastructure through sustainable, cost-effective solutions that provide communities with clean water and waterways; healthier, safer neighborhoods; local jobs; flood and climate resilience; and economic growth.

MAINSTREAMING GREEN INFRASTRUCTURE

A program to make green infrastructure the first choice for stormwater management t in New Jersey.











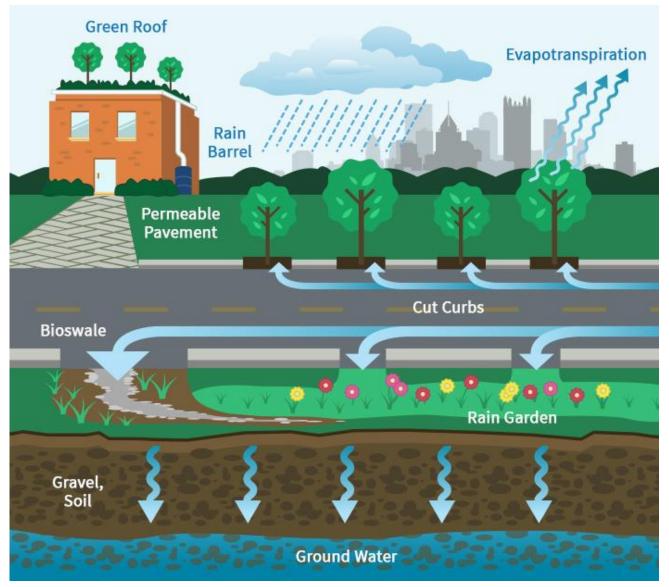
What is a Green Street?

A green street is a stormwater management approach that incorporates vegetation (perennials, shrubs, trees), soil, and engineered systems (e.g., permeable pavements) to slow, filter, and cleanse stormwater runoff from impervious surfaces (e.g., streets, sidewalks). Green streets are designed to capture rainwater at its source, where rain falls. Whereas, a traditional street is designed to direct stormwater runoff from impervious surfaces into storm sewer systems (gutters, drains, pipes) that discharge directly into surface waters, rivers, and streams.

Source: EPA



Wait...What is green infrastructure?



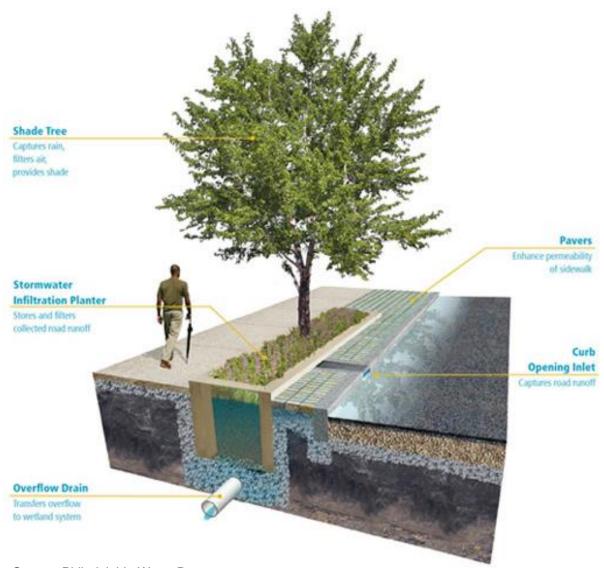
An approach to managing stormwater by either enabling it to infiltrate into the ground where it falls or by capturing it for later reuse.

Green Street Practices:

- Stormwater tree trenches
- Curb bump outs
- Permeable Pavement



How does it work?





Source: Philadelphia Water Department







A growing problem...

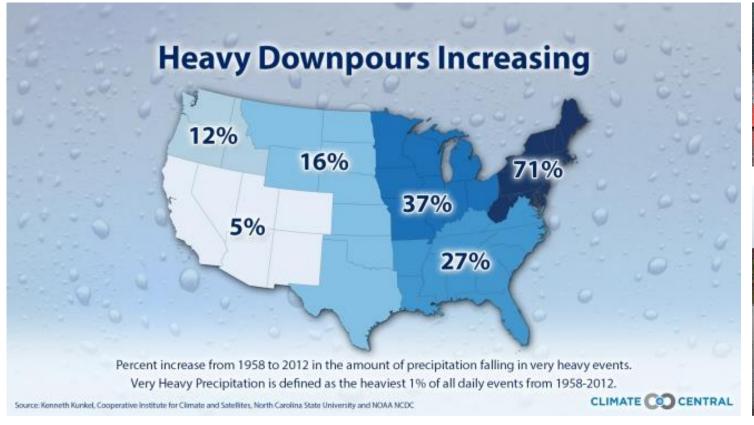
Heavier & more frequent rain

Hore pavement

More pavement

More frequent flash flooding

Street closings Property damage Sewer overflows Damaged infrastructure Impaired waters









Why should streets be green?



Economy: Construction cost savings, Energy costs savings, maintenance costs, higher property values, jobs creator



Environment: Improved water quality and groundwater quantity, cleaner air



Society: Public health benefits, safer neighborhoods, slower and safer streets

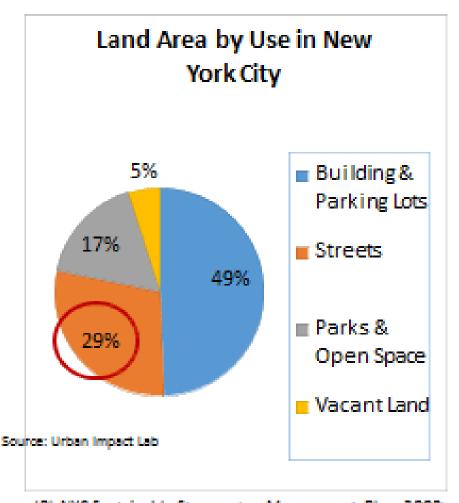


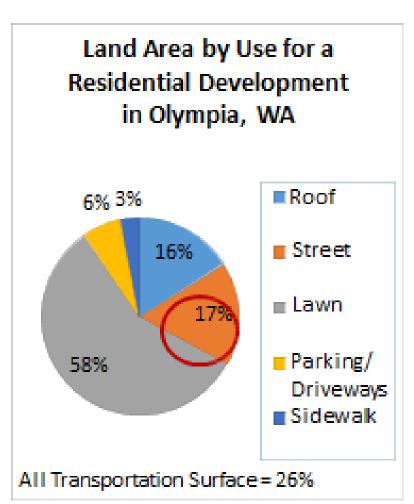
Streets =
large
percentage
of a
municipality's
impervious
cover





Why Green Streets?





(PlaNYC Sustainable Stormwater Management Plan, 2008) (Impervious Surface Reduction Study, Olympia, WA, 1995)



Identifying Green Street Opportunities

- New Streets
- Street retrofits
- Municipal capital plans













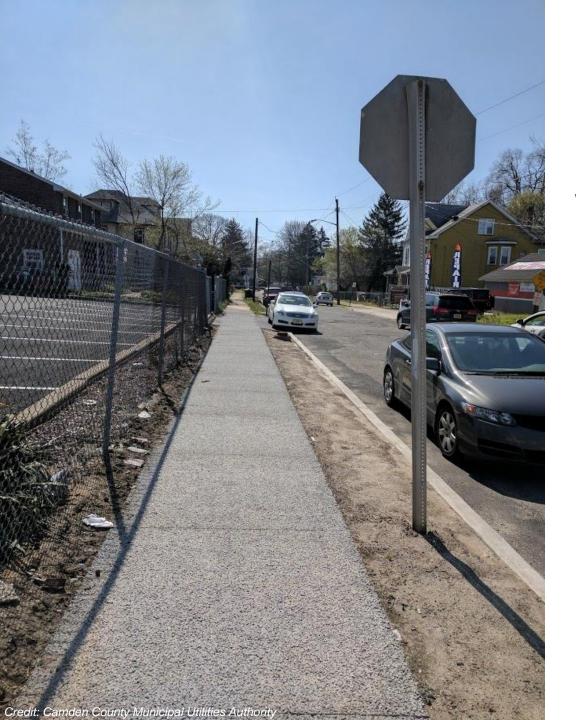
Broadway Triangle, Camden City

Credit: Camden County Municipal Utilities Authority









Westfield Ave., Camden City







Takeaways

- GI is a powerful tool with big benefits. If you dismiss it, you might be opting for higher-cost alternatives.
- No need to reinvent the wheel, but GI is different.
 Requires a team approach and sharp attention to detail in design, construction and maintenance.
- Think outside the curb. Talk to local DPW and engineers.
 Is there a problem green infrastructure can help solve?
- You have expensive assets to protect. Green infrastructure can help.
- Leverage the private sector to build GI in exchange for incentives.
- Complete Streets = Green Streets



Resources

- EPA: Learn about Green Streets
- WERF's Green Streets Basics and Design
- A Conceptual Guide to Effective Green Street Design Solutions: Green Streets (PDF)
- Managing Wet Weather with Green Infrastructure -<u>Municipal Handbook - Green Streets (PDF)</u>
- The City of Portland Oregon: A Green Street Overview
- National Association of City Transportation Officials,
 Urban Street Stormwater Guide
- City of Philadelphia Green Streets Design Manual



Thank You!

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http://www.njfuture.org/mainstreaminggi

